

SPM - HALVMARATON - Göteborg 21 maj 2016
Arrangör: Göteborgs Polismäns Idrottsförening

H21	Namn	Född	Klubb/förening	5 km	10 km	15 km	20 km	Tid
1	Ström, Jimmie	1985	Göteborg	0:19:54	0:39:37	1:00:01	1:20:53	1:25:24
2	Nissle, Erik	1984	Linköping	0:19:55	0:39:57	1:00:59	1:21:39	1:26:02
3	Grönqvist, Viktor	1988	Hässleholm	0:21:23	0:41:51	1:02:48	1:23:52	1:28:11
4	Ingvarsson, Rikard	1986	Göteborg	0:21:12	0:41:44	1:02:52	1:24:11	1:28:40
5	Sohlberg, Bobby	1983	Motala	0:20:27	0:41:13	1:03:04	1:25:48	1:30:29
6	Lilja, Tom	1985	Göteborg	0:22:04	0:43:03	1:04:34	1:26:20	1:30:53
7	Laks, Siim	1989	Karlstad	0:21:22	0:42:00	1:03:37	1:26:34	1:31:26
8	Nilsson, Andreas	1985	Karlstad	0:21:35	0:43:14	1:05:29	1:27:50	1:32:30
9	Holmberg, Per	1985	Göteborg	0:21:17	0:43:00	1:05:26	1:28:04	1:32:44
10	Nilsson, Carl-Johan	1982	Umeå	0:21:19	0:42:28	1:04:37	1:27:51	1:32:59
11	Tyrenhag, Martin	1983	Karlstad	0:21:52	0:43:32	1:05:41	1:28:27	1:33:09
12	Lindström, Kim	1985	Södertörn	0:21:11	0:42:06	1:03:59	1:28:25	1:33:41
13	Westberg, Christian	1990	Dalsland	0:22:44	0:45:04	1:07:58	1:29:56	1:34:32
14	Johansson, Viktor	1984	Alingsås	0:22:38	0:44:55	1:07:46	1:31:02	1:35:45
15	Kullberg, Emil	1984	Kristianstad	0:23:13	0:45:53	1:08:51	1:32:21	1:36:58
16	Hellåker, Jacob	1986	Trollhättan	0:23:05	0:45:33	1:08:58	1:33:38	1:38:57
17	Höglund, Jacob	1982	Södertörn	0:21:50	0:43:11	1:05:39	1:29:15	1:39:53
18	Sandberg, Bernhard	1983	Alingsås	0:25:17	0:49:09	1:13:02	1:36:45	1:41:37
19	Ronelöv, Carl	1988	Göteborg	0:24:05	0:47:35	1:12:55	1:38:23	1:43:17
20	Janabi, Yonis	1990	PUB Växjö	0:24:20	0:48:39	1:14:13	1:40:14	1:45:26
21	Lindahl, Erik	1986	Nacka	0:24:33	0:47:58	1:13:23	1:40:52	1:46:42
22	Sundgren, Staffan	1984	Karlstad	0:25:10	0:49:39	1:14:52	1:41:14	1:46:56
23	Rydberg, Nils	1985	Eksjö	0:24:50	0:50:01	1:15:24	1:42:47	1:48:36
24	Öst, Johan	1990	Växjö	0:23:45	0:48:01	1:14:11	1:43:04	1:49:25
25	Bertilsson, Daniel	1982	Kristianstad	0:25:11	0:50:25	1:16:47	1:44:19	1:49:47
26	Liljenfeldt, Ola	1987	Södertörn	0:25:29	0:50:53	1:16:54	1:44:28	1:49:50
27	Backsten, Marcus	1984	Göteborg	0:21:51	0:48:14	1:16:12	1:45:15	1:51:03
28	Witting, Mathias	1985	Landskrona	0:25:54	0:51:30	1:18:06	1:45:24	1:51:08
29	Andersson, Christoffer	1984	Malmö	0:24:51	0:49:17	1:15:36	1:44:53	1:51:32
30	Rezai, Daniel	1990	Göteborg	0:24:19	0:48:43	1:15:07	1:45:33	1:51:47
31	Johansson, Anders C	1983	Karlstad	0:25:38	0:51:44	1:18:21	1:45:55	1:51:51
32	Andersson, Tobias	1983	?	0:25:59	0:51:49	1:18:43	1:46:37	1:52:35
33	Ekelund, Christian	1983	Finspång?	0:25:07	0:50:12	1:16:56	1:46:48	1:53:11
34	Persson, Daniel	1983	?	0:26:18	0:52:11	1:19:12	1:47:37	1:53:55
35	Sörbu, Johan	1986	Dalarna	0:26:58	0:52:56	1:19:59	1:48:19	1:54:17
36	Maripuu, Alexander	1982	Dalarna	0:25:20	0:50:22	1:17:33	1:48:48	1:54:50
37	Vestin, Michael	1991	Göteborg	0:27:46	0:53:10	1:21:34	1:54:41	2:00:15
38	Sylten Henriksson, Sebastian	1990	Stockholm	0:25:29	0:51:14	1:21:33	1:54:20	2:00:38
39	Jagenheim, Kim	1985	Jönköping	0:25:53	0:52:06	1:21:10	1:54:17	2:01:07
40	Hallström, Adam	1988	PHS Solna	0:27:32	0:53:41	1:22:59	1:55:44	2:01:54
41	Ståhl, Fredrik	1986	Sundsvall	0:27:16	0:56:46	1:29:35	2:03:02	2:09:52
42	Nyström, Björn	1988	Sölvesborg?	0:30:43	1:00:16	1:31:24	2:03:23	2:10:12
43	Sahlin, Alexander	1986	Tomelilla?	0:28:59	0:58:10	1:28:35	2:03:36	2:10:44
44	Lidhage, Henrik	1985	Eskilstuna	0:28:21	0:56:17	1:29:41	2:04:47	2:11:18
45	Öhlin, Johan	1983	Hjärup?	0:28:34	0:57:21	1:29:15	2:04:56	2:12:31
46	Mirkov, Fredrik	1987	Lund	0:30:03	0:59:13	1:30:28	2:07:14	2:13:33
H35								
1	Ljung, Marcus	1978	Göteborg	0:18:36	0:36:58	0:55:48	1:15:50	1:20:01
2	Svensson, Jonas	1979	Göteborg	0:18:54	0:37:38	0:57:02	1:17:04	1:21:22
3	Östlund, Daniel	1979	Möln dal	0:19:45	0:39:15	0:59:14	1:19:45	1:24:14
4	Albertsson, Henrik	1979	Linköping	0:19:39	0:39:16	1:00:24	1:21:10	1:25:26

5	Dire, Johan	1977	Göteborg	0:20:49	0:41:12	1:02:00	1:23:33	1:28:14
6	Ekman, Magnus	1977	Jönköping	0:20:21	0:40:35	1:01:36	1:23:28	1:28:17
7	Warneby, Marcus	1978	Gustavsberg?	0:21:11	0:42:21	1:03:34	1:26:00	1:30:42
8	Hultborg, Johan	1981	Stockholm	0:21:21	0:42:17	1:04:09	1:26:30	1:31:13
9	Eriksson, Magnus	1979	Umeå	0:21:22	0:42:27	1:04:21	1:26:34	1:31:15
10	Bergman, Mikael	1980	Göteborg	0:20:57	0:42:13	1:04:26	1:27:43	1:32:42
11	Grujo, Robin	1981	Malmö	0:21:54	0:43:17	1:05:46	1:29:17	1:34:08
12	Petré, Andreas	1980	Växjö	0:23:11	0:45:33	1:07:44	1:30:22	1:35:18
13	Nordlander, Anders	1977	Dalarna	0:24:01	0:46:15	1:09:03	1:32:11	1:36:51
14	Eriksson, Hans-Olov	1980	Växjö	0:23:03	0:45:58	1:09:45	1:33:56	1:38:56
15	Eriksson, Tony	1979	Västervik	0:23:18	0:45:51	1:09:32	1:34:01	1:39:11
16	Bergström, Fredrik	1977	Hindås?	0:23:32	0:46:19	1:10:09	1:34:46	1:39:51
17	Ljungberg, Henrik	1978	Jönköping	0:22:53	0:46:10	1:09:44	1:34:46	1:40:20
18	Henrik, Älverdal	1977	Göteborg	0:24:07	0:47:57	1:12:29	1:36:24	1:41:23
19	Johnsson, Daniel	1980	Göteborg	0:23:58	0:47:31	1:11:30	1:36:17	1:41:35
20	Axell, Kristoffer	1978	Jönköping	0:23:07	0:45:58	1:10:42	1:36:11	1:41:38
21	Soare, Michael	1981	Karlstad	0:23:03	0:45:51	1:10:10	1:36:09	1:41:56
22	Tobisson, Peter	1980	Malmö	0:23:33	0:46:58	1:11:10	1:37:07	1:43:00
23	Nordh, Anders	1980	Stockholm	0:26:05	0:49:38	1:13:23	1:38:28	1:44:07
24	Chmaj, Lukasz	1979	Trollhättan	0:23:23	0:46:57	1:11:35	1:38:29	1:44:13
25	Landin, Johan	1979	Göteborg	0:23:59	0:48:22	1:13:37	1:39:32	1:44:50
26	Peter, Marcus	1979	Dalarna	0:24:41	0:49:10	1:14:15	1:40:07	1:45:27
27	Ask, Steffen	1979	Jönköping	0:23:46	0:47:52	1:13:05	1:39:55	1:45:48
28	Bryngelsson, Marcus	1980	Karlstad	0:25:16	0:49:36	1:15:04	1:41:25	1:46:46
29	Roberts, James	1979	Stockholm	0:23:35	0:48:14	1:14:04	1:42:16	1:47:57
30	Dahlström, Jimmy	1977	Göteborg	0:25:22	0:50:40	1:16:52	1:43:01	1:48:34
31	Leijon, Marcus	1980	Göteborg	0:25:31	0:50:32	1:16:48	1:44:44	1:50:50
32	Mogren, Karl	1980	Karlstad	0:28:42	0:55:09	1:21:49	1:48:58	1:54:47
33	Johansson, Andreas	1978	Örebro	0:25:55	0:52:20	1:19:54	1:48:48	1:54:54
34	Häll, Jonas	1980	Dalarna	0:26:37	0:53:05	1:20:49	1:49:10	1:55:11
35	Nielsen, Robert	1979	Karlstad	0:24:42	0:50:02	1:18:33	1:50:54	1:57:44
36	Andersson, Magnus	1977	Eksjö	0:27:27	0:54:37	1:22:54	1:52:01	1:57:59
37	Lindskog, Johan	1981	Helsingborg	0:25:08	0:51:17	1:21:09	1:53:20	1:59:17
38	Odén, Andreas	1981	Öjersjö?	0:27:34	0:55:11	1:23:15	1:53:05	1:59:32
39	Ljung, Mathias	1977	Eksjö	0:27:26	0:54:43	1:24:34	1:53:55	1:59:59
40	Johansson, Karl	1981	Göteborg	0:25:41	0:52:16	1:21:44	1:53:58	2:00:14
41	Engström, Ola	1981	Kungsbacka	0:30:18	0:59:40	1:28:06	1:55:34	2:01:08
42	Rosenlund, Niklas	1979	Kalmar	0:29:07	0:57:41	1:26:55	1:56:52	2:03:03
43	Wellbring, Mathias	1980	Karlskrona	0:28:15	0:56:38	1:27:04	1:59:38	2:06:15
44	Borg, James	1979	Karlstad	0:29:08	0:56:30	1:26:08	1:59:34	2:06:46
45	Andersson, Patric	1979	Bro?	0:29:49	0:58:21	1:28:09	2:02:37	2:09:36
46	Olsson, Joakim	1977	Karlskrona	0:28:52	0:58:07	1:29:50	2:05:10	2:13:02
47	Meldo, Senad	1978	Göteborg	0:31:29	1:03:37	1:41:40	2:21:46	2:30:37

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1	Eriksson, Fredrik	1975	Kalmar	0:19:43	0:39:24	0:59:08	1:18:48	1:22:46
2	Lindh, Joakim	1974	Uppsala	0:19:35	0:39:47	1:01:47	1:25:31	1:30:16
3	Yxne, Per	1973	Göteborg	0:21:10	0:42:09	1:03:50	1:26:13	1:31:08
4	Gustafsson, Johan	1974	Dalarna	0:22:05	0:43:39	1:06:07	1:28:38	1:33:31
5	Jansson, Per	1972	Dalarna	0:21:57	0:43:25	1:05:41	1:29:10	1:34:33
6	Widenfors, Marcus	1976	Strängnäs	0:22:50	0:45:13	1:08:09	1:31:20	1:36:12
7	Redenfors, Gustaf	1972	Göteborg	0:22:35	0:45:20	1:08:47	1:32:12	1:37:07
8	Vinge, Claes	1974	Lidköping	0:20:54	0:43:00	1:06:45	1:31:54	1:37:17
9	Andersson, Mattias	1973	Dalarna	0:21:15	0:43:18	1:07:35	1:33:27	1:38:42
10	Toomar, Peter	1974	Göteborg	0:23:33	0:46:45	1:10:19	1:34:12	1:39:05
11	Norell, Mattias	1975	Norrköping	0:23:03	0:45:55	1:10:20	1:35:58	1:41:24

12	Runevad, Johan	1974	Varberg	0:23:32	0:47:16	1:11:47	1:36:48	1:41:50
13	Nero, Jonas	1976	Jönköping	0:23:06	0:45:58	1:11:05	1:38:55	1:45:05
14	Linzie, Mattias	1975	Göteborg	0:25:16	0:49:31	1:14:42	1:40:30	1:45:39
15	Fagerlund, Joakim	1972	Stockholm	0:23:48	0:47:38	1:12:59	1:40:21	1:46:14
16	Norlander, Daniel	1976	Göteborg	0:24:34	0:48:26	1:12:40	1:40:05	1:46:15
17	Svensson, Marcus	1972	Uppsala	0:25:21	0:50:19	1:15:37	1:42:34	1:48:21
18	Malmberg, Johan	1976	Växjö	0:25:25	0:50:36	1:16:35	1:43:30	1:49:11
19	Andersson, Peter	1972	Sydnärke	0:25:14	0:50:45	1:16:58	1:44:34	1:50:38
20	Edlund, Kristian	1974	Varberg	0:24:34	0:49:34	1:17:42	1:48:20	1:54:47
21	Jansson, Niklas	1975	Västerås	0:26:02	0:53:23	1:21:31	1:50:56	1:56:32
22	Johansson, Emil	1975	Karlstad	0:29:07	0:56:26	1:23:10	1:50:55	1:56:54
23	Olheim, Kristofer	1976	Södertälje	0:27:23	0:54:10	1:22:49	1:52:50	1:59:12
24	Edwards, P-M	1975	Göteborg	0:28:04	0:55:38	1:24:05	1:56:32	2:03:38
25	Henriksson, Jan	1976	Dalarna	0:28:06	0:56:22	1:26:41	1:57:44	2:03:55
26	Götblad, Anders	1976	Karlstad	0:28:27	0:57:04	1:27:45	1:58:59	2:05:02
27	Boking, Thomas	1972	Karlskrona	0:28:07	0:55:51	1:25:26	1:58:06	2:05:54
28	Fredvi, Morgan	1974	Göteborg	0:27:43	0:55:14	1:24:18	1:59:53	2:07:11
29	Hörsing, Niklas	1973	Nättraby?	0:30:53	1:00:57	1:33:52	2:07:10	2:13:51
30	Karlsson, Tommy	1972	Varberg	0:31:43	1:02:41	1:35:05	2:10:23	2:17:30
31	Arnesson, Johan	1976	Ystad	0:39:51	1:18:44	2:02:50	2:44:16	2:53:01

H45

1	Josefsson, Thomas	1968	Kristianstad	0:18:08	0:36:18	0:54:55	1:13:49	1:17:42
2	Svensson, Fredrik	1971	Jönköping	0:19:22	0:38:55	0:59:39	1:21:45	1:26:27
3	Stenberg, Robert	1971	Trollhättan	0:19:55	0:39:47	1:00:21	1:22:04	1:26:53
4	Ingemarsson, Anders	1969	Södra Älvsborg	0:19:26	0:39:16	1:01:10	1:25:29	1:30:52
5	Lindelöf, Ola	1968	Västerås	0:21:10	0:42:03	1:04:12	1:26:47	1:31:23
6	Bergkvist, Peter	1968	Eskilstuna	0:22:47	0:45:36	1:09:19	1:33:24	1:38:21
7	Andrén, Joakim	1971	Kalmar	0:23:09	0:45:51	1:09:16	1:33:29	1:38:35
8	Lund, Stefan	1971	Dalarna	0:22:22	0:44:54	1:08:48	1:33:48	1:39:07
9	Eriksson, Rikard	1970	Kalmar	0:22:23	0:46:07	1:10:35	1:36:30	1:42:09
10	Sjöberg, Niklas	1968	Göteborg	0:24:08	0:47:57	1:12:29	1:38:07	1:43:35
11	Jaensson, Anders	1971	Tyringe?	0:24:14	0:48:33	1:13:45	1:39:46	1:45:17
12	Johansson, Kent-Owe	1968	Vänernsberg	0:25:41	0:49:47	1:15:02	1:40:05	1:45:19
13	Larsson Lundberg, Anders	1967	Karlstad	0:26:55	0:51:22	1:16:26	1:41:31	1:46:51
14	Nilsson, Christer	1971	Kristianstad	0:25:53	0:51:12	1:17:04	1:42:49	1:48:18
15	Lindhe, David	1971	Nyköping	0:25:40	0:51:33	1:18:06	1:45:14	1:50:35
16	Von Bahr, Fredrik	1971	Karlstad	0:26:00	0:52:09	1:18:26	1:45:28	1:51:17
17	Häll, Lasse	1967	Eksjö	0:25:31	0:51:16	1:18:50	1:46:16	1:52:12
18	Nelleholt, Marko	1969	Halmstad	0:26:28	0:52:55	1:20:44	1:49:18	1:54:59
19	Wiberg, Anders	1968	Falsterbo?	0:28:38	0:56:35	1:26:09	1:58:18	2:05:37
20	Vehmanen, Jan	1967	Göteborg	0:29:47	0:59:13	1:29:41	2:01:10	2:07:41
21	Ahlbom, Patrik	1967	Göteborg	0:27:54	0:57:06	1:29:22	2:04:31	2:13:16
22	Eriksson, Jonas	1971	Karlstad	0:29:55	1:00:18	1:33:23	2:08:44	2:16:13
23	Jörnelius, Mika	1968	?	0:31:05	1:02:58	1:35:54	2:10:09	2:17:11
24	Thurfjell, Per	1967	Norrköping	0:32:36	1:06:43	1:41:27	2:17:21	2:25:05

H50

1	Hansson, Karl-Erik	1962	Kungsbacka	0:23:19	0:46:18	1:10:01	1:34:19	1:39:29
2	Svensson, Magnus	1963	Dalsland	0:23:30	0:47:14	1:12:20	1:38:32	1:44:10
3	Gollungberg, Ulf	1966	Västervik	0:25:29	0:50:10	1:15:49	1:43:42	1:49:38
4	Front, Mikael	1964	Kalmar	0:25:16	0:50:11	1:18:10	1:47:25	1:53:27
5	Henriksson, Tomas	1966	Västerås		0:51:04			1:53:49
6	Svensson, Joakim	1965	Södertälje	0:27:46	0:53:45	1:20:02	1:47:44	1:54:05
7	Ahlgren, Michael	1963	Göteborg	0:26:22	0:52:44	1:20:32	1:48:51	1:54:40
8	Falknäs, Mathias	1962	Karlstad	0:26:17	0:52:39	1:21:04	1:50:38	1:56:49

9	Edsand, Mats	1965	Göteborg	0:26:21	0:53:17	1:22:18	1:52:55	1:59:27
10	Matekovic, Mario	1964	Göteborg	0:26:31	0:53:57	1:23:13	1:55:01	2:01:04
11	Petersson, Svante	1966	Växjö	0:28:09	0:56:20	1:25:27	1:56:05	2:02:44
12	Eriksson, Per	1964	Göteborg	0:28:51	0:56:43	1:26:16	1:58:43	2:05:46
13	Sjöstrand, Marcus	1963	?	0:26:54	0:53:52	1:23:50	1:58:38	2:06:17
14	Lejnefors, Anders	1965	Stockholm	0:33:03	1:05:31	1:38:40	2:11:45	2:18:33
15	Allgurin, Henrik	1962	Värnamo	0:30:17	1:00:55	1:36:05	2:15:43	2:24:09

H55

1	Hjärtström, Magnus	1961	Uppsala	0:25:25	0:50:31	1:16:02	1:42:17	1:47:34
2	Karlsson, Lars	1961	Göteborg	0:25:05	0:50:25	1:17:11	1:45:45	1:51:27
3	Eriksson, Mats	1960	Jämtland	0:26:38	0:52:59	1:19:55	1:48:11	1:54:29
4	Andersson, Jan	1961	Sydnärke	0:28:04	0:55:42	1:24:17	1:53:59	2:00:23
5	Vestin, Stefan	1959	Göteborg	0:29:10	0:58:12	1:29:08	2:01:58	2:08:59
6	Kaijser, Björn	1961	Nyköping	0:30:17	1:01:54	1:36:20	2:13:33	2:21:32
7	Häljestig, Mikael	1958	Värnamo	0:30:16	1:00:55	1:36:04	2:13:44	2:22:19
8	Hellqvist, Conny	1961	Stockholm	0:29:52	1:02:05	1:37:49	2:15:52	2:23:30
9	Svensson, Bengt	1960	Kristianstad	0:29:49	1:01:04	1:36:21	2:15:57	2:23:47

H60

1	Olsson, Per-Erik	1956	Dalsland	0:21:50	0:43:24	1:05:55	1:29:22	1:34:24
2	Haglund, Börje	1953	Alingsås	0:24:41	0:49:16	1:14:43	1:41:17	1:47:00
3	Hellqvist, P-O	1955	Göteborg	0:26:00	0:50:59	1:17:05	1:44:10	1:49:47
4	Persson, Sven	1952	Malmö	0:24:38	0:50:58	1:17:38	1:45:15	1:50:52
5	Lundahl, Kjell	1954	Oskarshamn	0:27:15	0:53:10	1:19:46	1:47:11	1:52:50
6	Andersson, Lennart	1956	Filipstad?	0:26:00	0:52:19	1:20:44	1:51:37	1:58:03
7	Bruhn, Jan	1955	Stockholm	0:26:35	0:53:31	1:22:58	1:53:27	1:59:46
8	Rudolf, Anders	1952	Göteborg	0:27:22	0:54:02	1:22:53	1:54:00	2:00:14
9	Holmgren, Lennart	1953	Ängelholm	0:27:43	0:54:35	1:23:25	1:54:24	2:00:29
10	Adolfsson, Mats	1953	Göteborg	0:28:59	0:57:35	1:28:05	1:59:49	2:06:33
11	Thomann, Jonny	1953	Karlstad	0:29:22	0:57:55	1:30:09	2:03:16	2:10:05
12	Billstam, Henrik	1956	Södertälje	0:29:45	0:59:11	1:30:43	2:04:07	2:11:26
13	Hellberg, Roine	1953	Västerås	0:38:29	1:18:04	2:00:25	2:47:27	2:57:39

H65 (ej spm-status)

1	Larsson, Tommy	1951	Karlstad	0:34:37	1:09:23	1:45:53	2:24:00	2:32:15
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D21

1	Rignell, Anna	1986	Göteborg	0:24:12	0:47:01	1:10:30	1:34:40	1:39:39
2	Lindberg, Emelie	1987	Växjö	0:25:01	0:49:05	1:14:34	1:42:01	1:48:04
3	Ander, Sofie	1983	Jönköping	0:25:40	0:50:38	1:16:28	1:42:59	1:48:38
4	Holtsjö, Linda	1982	Södertörn	0:25:24	0:50:21	1:16:26	1:43:16	1:48:51
5	Sharp, Helena	1983	Göteborg	0:25:43	0:51:15	1:17:43	1:45:05	1:50:34
6	Eriksson, Katarina	1986	Eskilstuna	0:25:13	0:50:34	1:17:03	1:44:53	1:50:38
7	Madsen, Marie	1986	Karlskrona	0:25:22	0:50:38	1:16:58	1:45:33	1:51:31
8	Lindström, Anette	1986	Stockholm	0:26:37	0:53:00	1:19:37	1:46:20	1:51:49
9	Drufva, Caroline	1986	Trollhättan	0:25:31	0:51:32	1:18:33	1:46:31	1:52:11
10	Bernersjö, Olivia	1992	Alingsås	0:24:12	0:49:43	1:16:59	1:46:48	1:52:55
11	Hansson, Frida	1982	Södertörn	0:27:51	0:54:04	1:21:04	1:48:12	1:53:52
12	Appelqvist, Josefin	1983	Karlskrona	0:26:42	0:52:40	1:19:34	1:48:20	1:54:20
13	Dammborg, Louise	1990	Segeltorp?	0:28:04	0:54:58	1:22:13	1:48:59	1:54:21
14	Berg, Frida	1982	Eskilstuna	0:25:27	0:50:35	1:16:53	1:48:21	1:54:44
15	Nissle, Malin	1985	Linköping	0:27:33	0:54:32	1:21:58	1:49:55	1:56:01
16	Thegerström, Linn	1982	Lindome?	0:27:46	0:53:57	1:21:05	1:49:59	1:56:26
17	Petersson, Sanna	1989	Falkenberg	0:28:48	0:56:11	1:23:31	1:51:00	1:56:41
18	Säveskog, Ida	1983	Göteborg	0:27:23	0:54:38	1:22:50	1:51:54	1:57:55

19	Najafi, Stefanie	1985	Göteborg	0:28:50	0:56:21	1:25:07	1:53:23	1:59:24
20	Henry, Pernilla	1984	Göteborg	0:28:23	0:56:16	1:25:17	1:53:57	1:59:42
21	Olsson, Agnes	1987	Göteborg	0:25:03	0:50:43	1:20:23	1:53:21	1:59:46
22	Atsmon, Noomi	1992	Stockholm	0:26:39	0:54:35	1:24:53	1:55:05	2:00:46
23	Ahlgren, Magdalena	1986	Göteborg	0:28:41	0:56:23	1:25:36	1:54:56	2:00:47
24	Heikkilä, Kristin	1984	Helsingborg	0:28:28	0:56:02	1:24:59	1:56:58	2:03:46
25	Bergman, Anna	1987	Södertörn	0:24:48	0:50:03	1:26:38	1:57:58	2:04:16
26	Olofsson, Emilia	1990	Södertörn	0:28:09	0:56:33	1:26:57	1:58:17	2:04:35
27	Wallner, Maria	1988	Göteborg	0:29:14	0:57:55	1:27:42	1:58:10	2:04:42
28	Karlsten, Linn	1984	Stockholm	0:30:47	1:00:08	1:29:49	1:59:29	2:05:34
29	Öijen, Maria	1983	Stockholm	0:30:45	1:00:08	1:29:50	1:59:30	2:05:35
30	Vestin, Veronica	1989	Göteborg	0:27:11	0:55:55	1:26:52	1:59:17	2:06:06
31	Qvinnström, Malin	1988	Norrköping	0:29:49	0:59:08	1:30:39	2:03:39	2:10:32
32	Kym, Mikaela	1985	Norrköping	0:29:03	0:58:36	1:30:39	2:04:56	2:11:54
33	Wictorsson, Maria	1988	Nyköping	0:28:52	1:00:29	1:33:28	2:05:58	2:12:19
34	Groth, Sandra	1984	Lund	0:28:31	0:59:43	1:33:34	2:07:04	2:13:35
35	Lundkvist, Sofie	1990	Sydnärke	0:30:12	1:00:59	1:33:44	2:08:55	2:16:00
36	Gunnarsson, Sofia	1988	Göteborg	0:35:26	1:08:37	1:43:35	2:21:27	2:29:20
37	Johansson, Linn	1983	Malmö	0:31:06	1:05:55	1:42:32	2:22:46	2:31:10
38	Shams Zanjani, Niku	1983	Stockholm	0:48:49	1:25:10	2:07:59	2:49:34	2:57:10

D35

1	Johansson, Anna	1980	Linköping	0:21:57	0:43:05	1:04:59	1:28:59	1:34:06
2	Wällgren, Helena	1978	Göteborg	0:22:00	0:43:43	1:06:29	1:29:28	1:34:22
3	Lidebjer, Caroline	1979	SKL	0:23:12	0:47:05	1:11:00	1:35:56	1:41:35
4	Ejdeholm, Linda	1979	Stockholm	0:25:49	0:50:53	1:17:30	1:44:17	1:49:57
5	Axelsson, Ida	1980	Umeå	0:25:06	0:50:31	1:16:44	1:44:50	1:50:34
6	Lönn, Anna	1979	Trollhättan	0:26:05	0:52:12	1:18:52	1:45:42	1:51:05
7	Puhakka, Claudia	1978	Ystad	0:26:34	0:52:23	1:19:45	1:46:45	1:52:20
8	Zetterman, Sofia	1978	Norrhälje	0:26:44	0:53:14	1:20:36	1:48:29	1:54:04
9	Sohl, Maria	1980	Linköping	0:27:08	0:53:32	1:20:54	1:48:57	1:54:59
10	Johansson, Anna	1981	Nacka	0:27:05	0:53:30	1:21:11	1:49:40	1:55:46
11	Hagberg, Helén	1977	Karlstad	0:27:46	0:54:55	1:23:21	1:52:05	1:57:54
12	Fjellström, Elin	1981	Jämtland	0:28:22	0:56:15	1:25:23	1:53:55	1:59:47
13	Löow, Gunilla	1981	Sundsvall	0:27:44	0:54:52	1:25:08	1:55:14	2:01:17
14	Eriksson, Matilda	1981	Kalmar	0:29:06	0:57:41	1:26:55	1:56:51	2:03:03
15	Fälth, Lina	1978	Stockholm	0:29:19	0:57:16	1:28:52	2:00:55	2:07:36
16	Sguazzero, Carolina	1981	Göteborg	0:32:03	1:01:52	1:32:04	2:02:19	2:08:15
17	Rooth, Anna M	1981	Lund	0:28:35	0:57:23	1:29:14	2:04:40	2:10:47
18	Hassel, Johanna	1978	Halmstad	0:32:23	1:02:35	1:33:55	2:07:50	2:14:44
19	Hansson, Hanna	1980	Växjö	0:28:30	0:58:38	1:33:13	2:09:57	2:17:03
20	Stark, Maria	1977	Arvika	0:32:59	1:06:06	1:40:41	2:17:17	2:24:18
21	Andersen, Sofia	1979	SKL	0:33:36	1:07:54	1:45:52	2:22:38	2:29:58

D40

1	Andersson, Jenny	1975	Strängnäs	0:23:51	0:47:37	1:12:07	1:36:47	1:42:04
2	Hellgren, Karolina	1976	Norrköping	0:24:01	0:47:41	1:13:43	1:41:10	1:46:50
3	Stenholm, Anna	1976	Dalarna	0:24:07	0:48:54	1:14:59	1:41:39	1:47:19
4	Palmér, Emma	1976	Taberg?	0:25:20	0:50:16	1:16:23	1:44:38	1:50:11
5	Fredin, Gunilla	1973	Dalsland	0:25:00	0:50:16	1:17:11	1:45:20	1:51:08
6	Joelsson, Linda	1976	Skänninge?	0:25:37	0:51:54	1:19:26	1:46:54	1:52:23
7	Nyström, Anna	1974	Västerås	0:26:01	0:52:51	1:23:36	1:51:25	1:57:08
8	Ingels, Sofia	1972	Halmstad	0:31:13	0:57:26	1:24:49	1:53:00	1:59:00
9	Ekberg, Kajsa	1975	Linköping	0:28:04	0:55:15	1:24:23	1:54:01	1:59:50
10	Blomgren, Anki	1972	Göteborg	0:27:22	0:54:42	1:24:09	1:54:43	2:00:59
11	Dikanda Eriksson, Sara	1974	Göteborg	0:28:06	0:55:58	1:25:30	1:54:52	2:01:26

12	Thygesen, Maria	1975	Växjö	0:30:46	0:59:16	1:29:22	2:00:19	2:06:41
13	Karlsson, Anna-Lena	1975	Varberg	0:31:31	1:01:17	1:31:43	2:02:22	2:08:54
14	Örn, Linda	1976	Halmstad	0:32:39	1:03:28	1:35:38	2:08:39	2:15:37
15	Hillemar, Jessica	1974	Södertälje	0:31:35	1:03:52	1:38:04	2:15:43	2:23:33

D45

1	Westlund, Pia	1971	Umeå	0:22:06	0:43:45	1:06:18	1:29:07	1:34:00
2	Wressel, Ann-Louise	1971	Brålanda?	0:25:00	0:50:16	1:15:55	1:42:27	1:47:54
3	Hofvenstam, Anna	1969	Kolmården?	0:26:34	0:53:01	1:21:06	1:50:56	1:57:40
4	Tenn, Carina	1971	Dalarna	0:27:50	0:54:23	1:23:22	1:53:00	1:59:21
5	Jacobsson, Charlotte	1967	Göteborg	0:27:23	0:54:04	1:21:56	1:53:48	2:00:41
6	Front, Camilla	1968	Kalmar	0:27:40	0:55:31	1:26:17	1:59:06	2:12:57
7	Andersson, Carina	1968	Lidköping	0:29:28	0:58:52	1:32:38	2:07:28	2:15:02
8	Kantedal, Cecilia	1967	Göteborg	0:33:06	1:06:19	1:40:49	2:16:50	2:24:28
9	Johannesson, Annika	1970	Möln dal	0:33:35	1:09:26	1:47:45	2:25:51	2:32:50
10	Hall, Carolina	1970	Värnamo	0:29:45	1:02:15	1:42:42	2:25:54	2:33:40

D50

1	Åkerlund, Marie	1963	Dalarna	0:28:36	0:56:56	1:26:53	1:57:17	2:03:51
2	Pettersson, Gunilla	1965	PHS Solna	0:28:25	0:56:21	1:26:45	1:58:35	2:05:02
3	Lindholm, Helena	1965	Växjö	0:30:46	1:00:43	1:31:25	2:03:02	2:09:42
4	Eriksson, Ann-Louise	1966	Arvika	0:32:59	1:06:06	1:40:41	2:17:17	2:24:18
5	Svedholm, Susanne	1965	Göteborg	0:32:43	1:05:11	1:40:03	2:17:36	2:25:43

D55

1	Forssten, Cathrin	1961	Karlstad	0:26:18	0:52:51	1:20:48	1:50:16	1:56:38
2	Svensson, Ann	1961	Halmstad	0:29:41	0:57:41	1:27:17	1:59:54	2:06:51
3	Johnsson, Liz	1957	Kalmar	0:29:30	0:59:29	1:30:53	2:04:15	2:11:13
4	Lindberg, Agneta	1959	Göteborg	0:33:04	1:05:20	1:42:11	2:19:16	2:26:29